

DIABETES



Client name: _____ DOB: _____

1. Diagnosis: Type I Type II Diagnosis Date: _____

2. Height: _____ Weight: _____

3. How often does client visit his/her physician? _____

When was the last visit? _____

4. The diabetes is controlled by: (check all that apply)

diet

oral medication (name, dosage, start date) _____

insulin (name, units per day, start date) _____

5. Please give the most recent blood sugar reading: _____ Date: _____

6. Does client monitor his/her own blood sugar? _____

7. Most recent A1C: _____ Date: _____

8. Please check if client has (had) any of the following or check none

albumin in urine

overweight

retinopathy

protein in the urine

insulin shock

diabetic coma

elevated lipids

neuropathy

abnormal ECG

chest pain or coronary artery disease

kidney disease

hypertension

9. Does client have any other health issues? No Yes; please provide diagnosis and date.
(additional questionnaires may be required)

10. Is client taking other medications? No Yes; please provide details below.

Medication Name <u>and</u> Dosage/Frequency	Start Date	Reason for Taking